

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maes Koen

Coaches: Fransen David

Coaches: Vanchaze Kathleen

Coaches: Beerten Ine HEADCOACH

Coaches: Dekoninck Nicole

Coaches: Tisson Fabienne

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 2: 100M BUTTERFLY WOMEN 11+ Heat:4, starttime: 09:15**

**Heat: 4/16 Lane : 6 Athlete: VANEESBECK EMMA Q-time: 01:40:46**

**PB (50m pool): 01:40.46 SportinGenk Park 11/11/2025 PB (25m pool): no time SB: 01:40.46 SportinGenk Park 11/11/2025**

	50 M	100 M	
PB	no time	01:40.46	
	<i>no time</i>		
	.....	.....	

Coach feedback:

**Event number: 2: 100M BUTTERFLY WOMEN 11+ Heat:6, starttime: 09:20**

**Heat: 6/16 Lane : 2 Athlete: THOMAS LYNE Q-time: 01:34:34**

**PB (50m pool): 01:34.34 SportinGenk Park 06/04/2026 PB (25m pool): 01:38.25 SB: 01:34.34 SportinGenk Park 06/04/2026**

	50 M	100 M	
PB	00:43.34	01:34.34	
	<i>00:43.34</i>	<i>00:51.00</i>	
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Coach feedback:

**Event number: 2: 100M BUTTERFLY WOMEN 11+ Heat:6, starttime: 09:20**

**Heat: 6/16 Lane : 6 Athlete: BEYLEMANS KATHO Q-time: 01:34:32**

**PB (50m pool): 01:30.93 Genk 10/04/2023 PB (25m pool): 01:36.13 SB: no time**

	50 M	100 M	
PB	no time	01:30.93	
	<i>no time</i>		
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

<b>Event number: 2: 100M BUTTERFLY WOMEN 11+</b>		<b>Heat:7, starttime: 09:20</b>	
<b>Heat: 7/16 Lane : 2 Athlete: CYPERS DE LANDRECY JOZEFIEN</b>		<b>Q-time: 01:31:14</b>	
PB (50m pool): 01:31.14 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:51.17 SB: 01:38.18 Seraing 25/01/2026			
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:38.77	01:31.14	
	<i>00:38.77</i>	<i>00:52.37</i>	
	.....	.....	

Coach feedback:

<b>Event number: 2: 100M BUTTERFLY WOMEN 11+</b>		<b>Heat:7, starttime: 09:20</b>	
<b>Heat: 7/16 Lane : 7 Athlete: TEKAY SEDEF</b>		<b>Q-time: 01:31:24</b>	
PB (50m pool): 01:31.24 Seraing 25/01/2026 PB (25m pool): 01:26.94 SB: 01:31.24 Seraing 25/01/2026			
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:41.55	01:31.24	
	<i>00:41.55</i>	<i>00:49.69</i>	
	.....	.....	

Coach feedback:

<b>Event number: 2: 100M BUTTERFLY WOMEN 11+</b>		<b>Heat:10, starttime: 09:30</b>	
<b>Heat: 10/16 Lane : 3 Athlete: MAES HELENE</b>		<b>Q-time: 01:20:75</b>	
PB (50m pool): 01:20.75 Mol 22/06/2025 PB (25m pool): 01:20.20 SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:37.23	01:20.75	
	<i>00:37.23</i>	<i>00:43.52</i>	
	.....	.....	

Coach feedback:

<b>Event number: 2: 100M BUTTERFLY WOMEN 11+</b>		<b>Heat:10, starttime: 09:30</b>	
<b>Heat: 10/16 Lane : 8 Athlete: JANSEN ELINE</b>		<b>Q-time: 01:22:50</b>	
PB (50m pool): 01:22.50 Genk 01/02/2026 PB (25m pool): 01:21.04 SB: 01:22.50 Genk 01/02/2026			
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:37.85	01:22.50	
	<i>00:37.85</i>	<i>00:44.65</i>	
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

**Event number: 2: 100M BUTTERFLY WOMEN 11+ Heat:11, starttime: 09:30**

**Heat: 11/16 Lane : 3 Athlete: VLASSAKS ROSALIE Q-time: 01:19:40**

**PB (50m pool): 01:19.40 SportinGenk Park 06/04/2026 PB (25m pool): 01:13.86 SB: 01:19.40 SportinGenk Park 06/04/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:36.17	01:19.40	
	<i>00:36.17</i>	<i>00:43.23</i>	
	.....	.....	

Coach feedback:

**Event number: 2: 100M BUTTERFLY WOMEN 11+ Heat:12, starttime: 09:30**

**Heat: 12/16 Lane : 3 Athlete: BOLLEN GITTE Q-time: 01:17:10**

**PB (50m pool): 01:17.10 Mol 22/06/2025 PB (25m pool): 01:15.56 SB: 01:17.49 Genk 01/02/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:35.77	01:17.10	
	<i>00:35.77</i>	<i>00:41.33</i>	
	.....	.....	

Coach feedback:

**Event number: 2: 100M BUTTERFLY WOMEN 11+ Heat:12, starttime: 09:30**

**Heat: 12/16 Lane : 6 Athlete: MAES LEONIE Q-time: 01:17:59**

**PB (50m pool): 01:17.59 Antwerpen 19/04/2026 PB (25m pool): 01:14.15 SB: 01:17.59 Antwerpen 19/04/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:35.31	01:17.59	
	<i>00:35.31</i>	<i>00:42.28</i>	
	.....	.....	

Coach feedback:

**Event number: 3: 100M BUTTERFLY MEN 11+ Heat:1, starttime: 09:40**

**Heat: 1/15 Lane : 5 Athlete: VAN DE POLDER KOBE Q-time: 99:99:99**

**PB (50m pool): no time PB (25m pool): no time SB: no time**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	no time	no time	
	<i>no time</i>		
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

<b>Event number: 3: 100M BUTTERFLY MEN 11+</b>		<b>Heat:3, starttime: 09:45</b>	
<b>Heat: 3/15 Lane : 3 Athlete: FRANSEN LUCIANO</b>		<b>Q-time: 01:36:16</b>	
PB (50m pool): 01:36.16 Genk 01/02/2026		PB (25m pool): no time SB: 01:36.16 Genk 01/02/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:44.00	01:36.16	
	<i>00:44.00</i>	<i>00:52.16</i>	
	.....	.....	

Coach feedback:

<b>Event number: 3: 100M BUTTERFLY MEN 11+</b>		<b>Heat:3, starttime: 09:45</b>	
<b>Heat: 3/15 Lane : 4 Athlete: VOSSEN NOAH</b>		<b>Q-time: 01:35:70</b>	
PB (50m pool): 01:35.70 Seraing 25/01/2026		PB (25m pool): 01:33.90 SB: 01:35.70 Seraing 25/01/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:46.27	01:35.70	
	<i>00:46.27</i>	<i>00:49.43</i>	
	.....	.....	

Coach feedback:

<b>Event number: 3: 100M BUTTERFLY MEN 11+</b>		<b>Heat:3, starttime: 09:45</b>	
<b>Heat: 3/15 Lane : 5 Athlete: MEYLAERS SEPPE</b>		<b>Q-time: 01:35:97</b>	
PB (50m pool): 01:35.97 Seraing 25/01/2026		PB (25m pool): 01:28.99 SB: 01:35.97 Seraing 25/01/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:44.81	01:35.97	
	<i>00:44.81</i>	<i>00:51.16</i>	
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Coach feedback:

<b>Event number: 3: 100M BUTTERFLY MEN 11+</b>		<b>Heat:4, starttime: 09:50</b>	
<b>Heat: 4/15 Lane : 8 Athlete: BEYLEMANS LOWIE</b>		<b>Q-time: 01:34:40</b>	
PB (50m pool): 01:34.40 Mol 22/06/2025		PB (25m pool): 01:46.81 SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:41.36	01:34.40	
	<i>00:41.36</i>	<i>00:53.04</i>	
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

<b>Event number: 3: 100M BUTTERFLY MEN 11+</b>		<b>Heat:6, starttime: 09:50</b>
<b>Heat: 6/15 Lane : 3 Athlete: BOLLEN WARRE</b>		<b>Q-time: 01:23:87</b>
PB (50m pool): 01:23.87 SportinGenk Park 24/05/2026		PB (25m pool): 01:22.60 SB: 01:23.87 SportinGenk Park 24/05/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:36.83	01:23.87
	<i>00:36.83</i>	<i>00:47.04</i>
	.....	.....

Coach feedback:

<b>Event number: 3: 100M BUTTERFLY MEN 11+</b>		<b>Heat:9, starttime: 09:55</b>
<b>Heat: 9/15 Lane : 3 Athlete: LEYSSEN WARRE</b>		<b>Q-time: 01:14:25</b>
PB (50m pool): 01:14.25 Seraing 25/01/2026		PB (25m pool): 01:13.58 SB: 01:14.25 Seraing 25/01/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:33.99	01:14.25
	<i>00:33.99</i>	<i>00:40.26</i>
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Coach feedback:

<b>Event number: 3: 100M BUTTERFLY MEN 11+</b>		<b>Heat:10, starttime: 10:00</b>
<b>Heat: 10/15 Lane : 3 Athlete: FRANSEN DYLANO</b>		<b>Q-time: 01:11:48</b>
PB (50m pool): 01:11.48 Genk 01/02/2026		PB (25m pool): 01:11.06 SB: 01:11.48 Genk 01/02/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:32.74	01:11.48
	<i>00:32.74</i>	<i>00:38.74</i>
	.....	.....

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:7, starttime: 10:20</b>
<b>Heat: 7/24 Lane : 3 Athlete: CYPERS DE LANDRECY JOZEFIEN</b>		<b>Q-time: 01:18:17</b>
PB (50m pool): 01:18.17 Seraing 26/01/2025		PB (25m pool): 01:14.42 SB: 01:18.46 SportinGenk Park 24/05/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:37.39	01:18.17
	<i>00:37.39</i>	<i>00:40.78</i>
	.....	.....

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:8, starttime: 10:25</b>	
<b>Heat: 8/24 Lane : 6 Athlete: THOMAS LYNE</b>		<b>Q-time: 01:17:78</b>	
PB (50m pool): 01:17.78 Genk 01/02/2026		PB (25m pool): 01:15.11 SB: 01:17.78 Genk 01/02/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:38.15	01:17.78	
	<i>00:38.15</i>	<i>00:39.63</i>	
	.....	.....	

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:10, starttime: 10:25</b>	
<b>Heat: 10/24 Lane : 3 Athlete: VANEESBECK EMMA</b>		<b>Q-time: 01:13:99</b>	
PB (50m pool): 01:13.99 Antwerpen 19/04/2026		PB (25m pool): 01:14.77 SB: 01:13.99 Antwerpen 19/04/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:36.21	01:13.99	
	<i>00:36.21</i>	<i>00:37.78</i>	
	.....	.....	

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:11, starttime: 10:30</b>	
<b>Heat: 11/24 Lane : 7 Athlete: TEKAY SEDEF</b>		<b>Q-time: 01:13:66</b>	
PB (50m pool): 01:13.66 Seraing 25/01/2026		PB (25m pool): 01:11.09 SB: 01:13.66 Seraing 25/01/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:34.80	01:13.66	
	<i>00:34.80</i>	<i>00:38.86</i>	
	.....	.....	

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:12, starttime: 10:30</b>	
<b>Heat: 12/24 Lane : 2 Athlete: BEYLEMANS KATHO</b>		<b>Q-time: 01:12:87</b>	
PB (50m pool): 01:12.87 Eindhoven 16/03/2025		PB (25m pool): 01:12.06 SB: 01:16.64 Genk 01/02/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:34.80	01:12.87	
	<i>00:34.80</i>	<i>00:38.07</i>	
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:13, starttime: 10:30</b>	
<b>Heat: 13/24 Lane : 5 Athlete: BEYLEMANS EMMA</b>		<b>Q-time: 01:11:24</b>	
PB (50m pool): 01:11.24 Antwerpen 20/04/2025		PB (25m pool): 01:10.99 SB: 01:18.55 SportinGenk Park 06/04/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:35.05	01:11.24	
	<i>00:35.05</i>	<i>00:36.19</i>	
	.....	.....	

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:16, starttime: 10:35</b>	
<b>Heat: 16/24 Lane : 3 Athlete: VLASSAKS ROSALIE</b>		<b>Q-time: 01:08:56</b>	
PB (50m pool): 01:08.56 Eindhoven 22/03/2026		PB (25m pool): 01:07.42 SB: 01:08.56 Eindhoven 22/03/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:33.18	01:08.56	
	<i>00:33.18</i>	<i>00:35.38</i>	
	.....	.....	

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:16, starttime: 10:35</b>	
<b>Heat: 16/24 Lane : 5 Athlete: JANSEN ELINE</b>		<b>Q-time: 01:08:44</b>	
PB (50m pool): 01:08.44 Eindhoven 10/05/2026		PB (25m pool): 01:07.55 SB: 01:08.44 Eindhoven 10/05/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:32.85	01:08.44	
	<i>00:32.85</i>	<i>00:35.59</i>	
	.....	.....	

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:16, starttime: 10:35</b>	
<b>Heat: 16/24 Lane : 8 Athlete: VLASSAKS LENA</b>		<b>Q-time: 01:08:86</b>	
PB (50m pool): 01:08.86 Antwerpen 13/07/2025		PB (25m pool): 01:08.33 SB: 01:10.35 Eindhoven 22/03/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:33.48	01:08.86	
	<i>00:33.48</i>	<i>00:35.38</i>	
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:18, starttime: 10:40</b>	
<b>Heat: 18/24 Lane : 2 Athlete: BOLLEN GITTE</b>		<b>Q-time: 01:06:91</b>	
PB (50m pool): 01:06.91 <small>Seraing 26/01/2025</small>		PB (25m pool): 01:05.75 SB: 01:07.02 <small>Eindhoven 22/03/2026</small>	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:32.35	01:06.91	
	<i>00:32.35</i>	<i>00:34.56</i>	
	.....	.....	

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:19, starttime: 10:40</b>	
<b>Heat: 19/24 Lane : 4 Athlete: MAES HELENE</b>		<b>Q-time: 01:05:93</b>	
PB (50m pool): 01:05.74 <small>Antwerpen 14/07/2024</small>		PB (25m pool): 01:04.19 SB: 01:07.16 <small>Antwerpen 19/04/2026</small>	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	no time	01:05.74	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 4: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:19, starttime: 10:40</b>	
<b>Heat: 19/24 Lane : 5 Athlete: MAES LEONIE</b>		<b>Q-time: 01:05:94</b>	
PB (50m pool): 01:05.94 <small>Seraing 25/01/2026</small>		PB (25m pool): 01:04.36 SB: 01:05.94 <small>Seraing 25/01/2026</small>	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:31.97	01:05.94	
	<i>00:31.97</i>	<i>00:33.97</i>	
	.....	.....	

Coach feedback:

<b>Event number: 5: 100M FREESTYLE MEN 11+</b>		<b>Heat:5, starttime: 11:00</b>	
<b>Heat: 5/23 Lane : 6 Athlete: MEYLAERS SEPPE</b>		<b>Q-time: 01:20:24</b>	
PB (50m pool): 01:20.24 <small>Antwerpen 19/04/2026</small>		PB (25m pool): 01:19.34 SB: 01:20.24 <small>Antwerpen 19/04/2026</small>	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:39.01	01:20.24	
	<i>00:39.01</i>	<i>00:41.23</i>	
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

<b>Event number: 5: 100M FREESTYLE MEN 11+</b>		<b>Heat:6, starttime: 11:05</b>	
<b>Heat: 6/23 Lane : 2 Athlete: VAN DE POLDER KOBE</b>		<b>Q-time: 01:16:99</b>	
PB (50m pool): 01:16.99 Antwerpen 13/07/2025		PB (25m pool): 01:23.72 SB: 01:17.31 Genk 01/02/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:37.36	01:16.99	
	<i>00:37.36</i>	<i>00:39.63</i>	
	.....	.....	

Coach feedback:

<b>Event number: 5: 100M FREESTYLE MEN 11+</b>		<b>Heat:6, starttime: 11:05</b>	
<b>Heat: 6/23 Lane : 4 Athlete: FRANSEN LUCIANO</b>		<b>Q-time: 01:16:23</b>	
PB (50m pool): 01:16.23 Genk 01/02/2026		PB (25m pool): 01:17.68 SB: 01:16.23 Genk 01/02/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:37.32	01:16.23	
	<i>00:37.32</i>	<i>00:38.91</i>	
	.....	.....	

Coach feedback:

<b>Event number: 5: 100M FREESTYLE MEN 11+</b>		<b>Heat:7, starttime: 11:05</b>	
<b>Heat: 7/23 Lane : 8 Athlete: VOSSEN NOAH</b>		<b>Q-time: 01:16:02</b>	
PB (50m pool): 01:16.02 SportinGenk Park 06/04/2026		PB (25m pool): 01:14.82 SB: 01:16.02 SportinGenk Park 06/04/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:36.27	01:16.02	
	<i>00:36.27</i>	<i>00:39.75</i>	
	.....	.....	

Coach feedback:

<b>Event number: 5: 100M FREESTYLE MEN 11+</b>		<b>Heat:10, starttime: 11:10</b>	
<b>Heat: 10/23 Lane : 1 Athlete: BEYLEMANS LOWIE</b>		<b>Q-time: 01:09:88</b>	
PB (50m pool): 01:09.88 Eindhoven 22/03/2026		PB (25m pool): 01:11.07 SB: 01:09.88 Eindhoven 22/03/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:32.67	01:09.88	
	<i>00:32.67</i>	<i>00:37.21</i>	
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

**Event number: 5: 100M FREESTYLE MEN 11+ Heat:11, starttime: 11:10**

**Heat: 11/23 Lane : 4 Athlete: BOLLEN WARRE Q-time: 01:08:01**

**PB (50m pool): 01:08.01 Antwerpen 08/03/2026 PB (25m pool): 01:09.13 SB: 01:08.01 Antwerpen 08/03/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:33.17	01:08.01	
	<i>00:33.17</i>	<i>00:34.84</i>	
	.....	.....	

Coach feedback:

**Event number: 5: 100M FREESTYLE MEN 11+ Heat:18, starttime: 11:25**

**Heat: 18/23 Lane : 2 Athlete: FRANSEN DYLANO Q-time: 00:59:90**

**PB (50m pool): 00:59.90 Genk 01/02/2026 PB (25m pool): 00:59.26 SB: 00:59.90 Genk 01/02/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:29.10	00:59.90	
	<i>00:29.10</i>	<i>00:30.80</i>	
	.....	.....	

Coach feedback:

**Event number: 5: 100M FREESTYLE MEN 11+ Heat:18, starttime: 11:25**

**Heat: 18/23 Lane : 8 Athlete: LEYSSSEN WARRE Q-time: 01:00:57**

**PB (50m pool): 01:00.57 Eindhoven 10/05/2026 PB (25m pool): 01:01.00 SB: 01:00.57 Eindhoven 10/05/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:29.93	01:00.57	
	<i>00:29.93</i>	<i>00:30.64</i>	
	.....	.....	

Coach feedback:

**Event number: 5: 100M FREESTYLE MEN 11+ Heat:22, starttime: 11:30**

**Heat: 22/23 Lane : 8 Athlete: BEISHUIZEN TOM Q-time: 00:57:15**

**PB (50m pool): 00:57.15 Antwerpen 27/07/2025 PB (25m pool): 00:54.87 SB: 00:57.46 Antwerpen 19/04/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:27.88	00:57.15	
	<i>00:27.88</i>	<i>00:29.27</i>	
	.....	.....	

Coach feedback:

# GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: PZC

<b>Event number: 7: 400M MEDLEY WOMEN 11+</b>							<b>Heat:2, starttime: 12:05</b>	
<b>Heat: 2/4 Lane : 2 Athlete: BEYLEMANS ANNE</b>							<b>Q-time: 99:99:99</b>	
PB (50m pool): no time			PB (25m pool): 06:29.33 SB: no time					
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 8: 400M MEDLEY MEN 11+</b>							<b>Heat:3, starttime: 12:40</b>	
<b>Heat: 3/4 Lane : 1 Athlete: DANILOV MICHAËL</b>							<b>Q-time: 05:39:60</b>	
PB (50m pool): 05:39.60 Mol 22/06/2025			PB (25m pool): 05:25.23 SB: no time					
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:36.43	01:21.28	02:05.07	02:49.57	03:33.62	04:20.09	05:01.28	05:39.60
	<i>00:36.43</i>	<i>00:44.85</i>	<i>00:43.79</i>	<i>00:44.50</i>	<i>00:44.05</i>	<i>00:46.47</i>	<i>00:41.19</i>	<i>00:38.32</i>
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback: